


# ASPA

INTERNATIONAL

INTELLIGENT WELLNESS DESIGN  
PROMOTING WELLBEING & ENHANCING LIVES





'Wellness tourism continues to grow faster than global tourism'

*Source: Global Wellness Economy Monitor - January 2017*

'Wellness tourism expenditures grew by 6.8% annually in U.S. dollars, much higher than the 3.4% annual U.S. dollar increase for overall tourism' From 2013-2015.

*Source: Global Wellness Economy Monitor - January 2017*



# Intelligent wellness design for enhancing lives

The wellness revolution is happening. And we know that it is being driven by an emerging global middle class who wish to improve the quality of their lives; younger generations looking for healthier lifestyles; and a growing consumer interest in health and wellbeing. Because of this, we are committed to working with our clients to create world leading 'wellness temples'. Centres that provide wellness facilities with clinical treatments and help people to improve their health and extend their longevity. Our hope is to extend the lives of every customer by five years. Or more.

With over 30 years' experience of designing superior quality spas for the luxury hotel and wellness sectors, we can help you to create the top wellness and medical tourism destination for your region.



# completed projects

Over 30 years' wellness development experience, market knowledge and operational know-how

## Clients

HOLMES  
PLACE

Health Clubs



THE LEADING HOTELS  
OF THE WORLD®



HILTON  
WORLDWIDE



Sheraton  
HOTELS & RESORTS



MARriott  
HOTELS • RESORTS • SUITES



ACCOR  
HOTELS

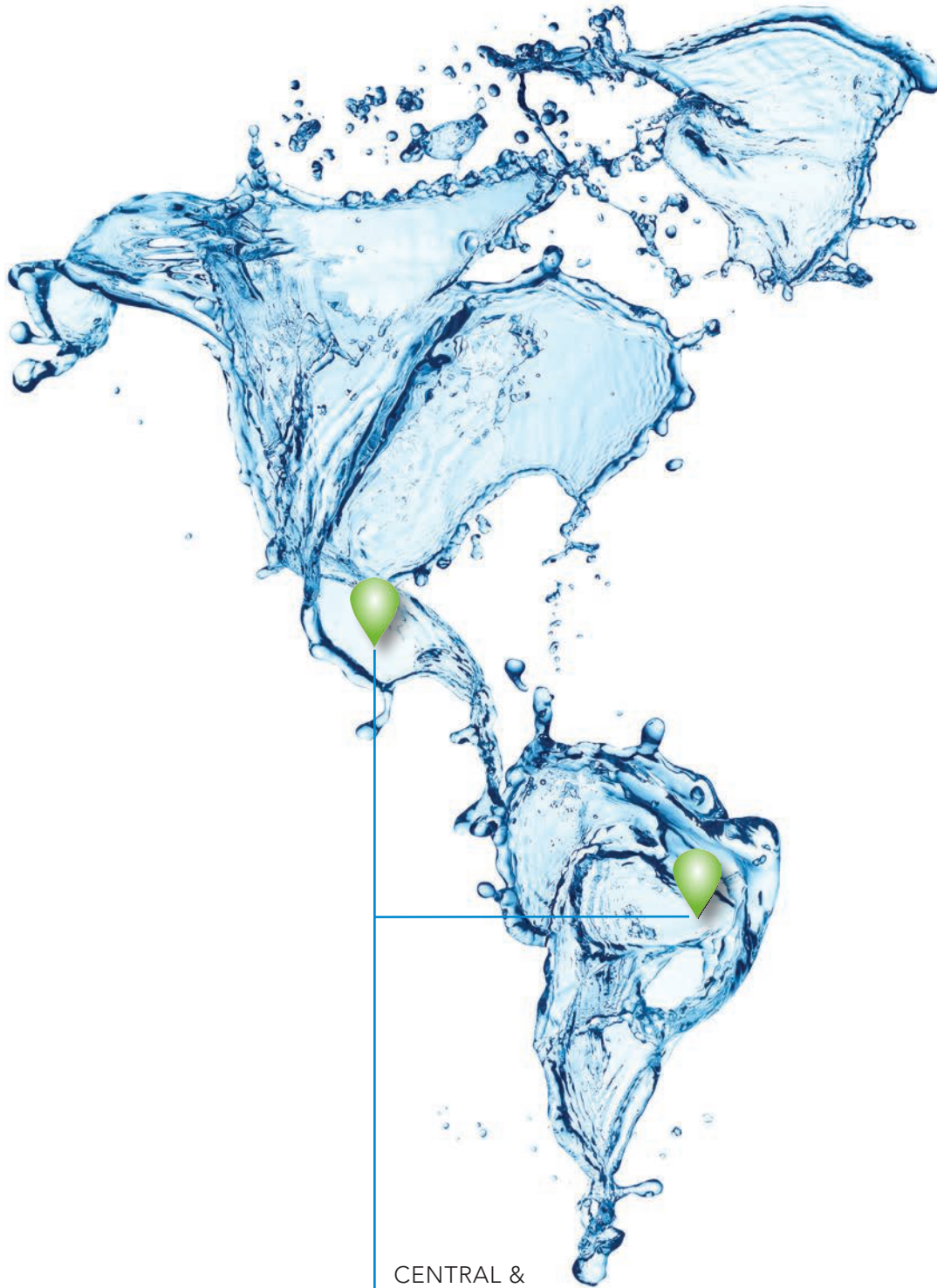


VILA JOYA



SANA  
HOTELS

What's your concept?



CENTRAL &  
SOUTH AMERICA

Mexico

Brazil

## EUROPE

Madeira – Funchal

Portugal

Spain

United Kingdom

## MIDDLE EAST

Kingdom of Bahrain

State of Qatar

Kingdom of Saudi Arabia

United Arab Emirates

## AFRICA

Republic of Angola

Republic of Cabo Verde

Kingdom of Morocco

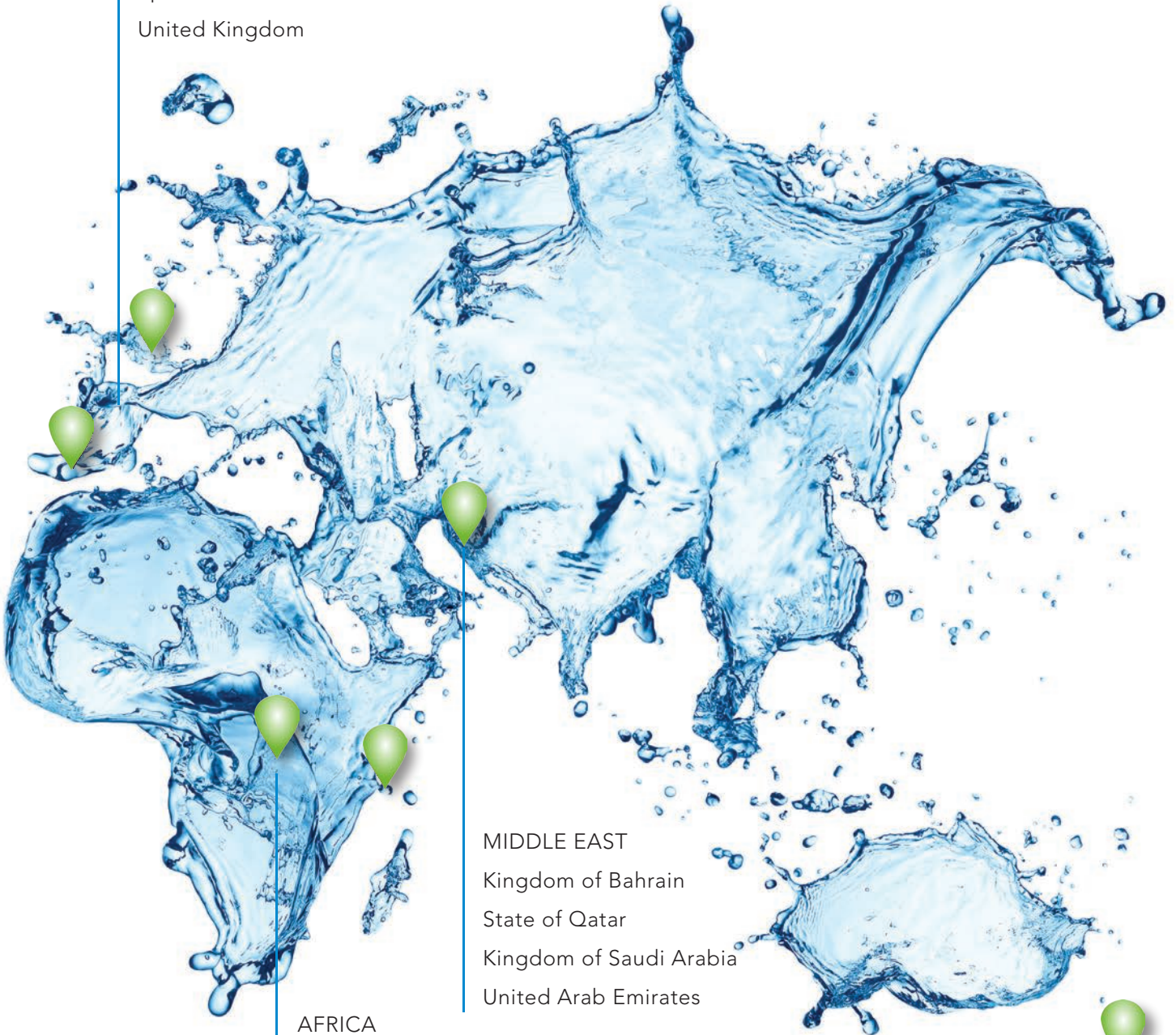
State of Libya

Republic of Mozambique

Republic of Tunisia

Zanzibar

NEW ZEALAND





we listen

we think

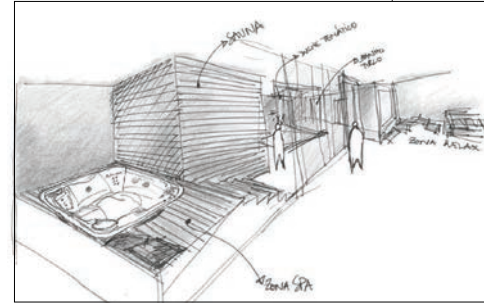
we research

we conceive

we create







# a passionate and evidence based design practice

We are committed to the creation of superior quality wellness centres for the medical and wellness tourism sectors and to enhancing the lives of people who visit them. Our award winning, cutting edge spa design and wellness projects have been successful for three main reasons.

For all projects, we begin by listening attentively to our clients' needs before we research and conceive ideas. We think about each project's objectives thoroughly. In addition, our evidence based approach means that we design concepts that promote genuine improvements in the health and wellbeing of customers who use our spas and wellness centres.

Underpinning all of this, we incorporate an exceptional level of detail into the projects we deliver. The same is true for the 'wellness temples' we plan to create.



# creating world leading wellness temples™

We want to partner with clients to create the world's leading 'wellness temples'.

Centres that house wellness facilities and clinical treatment areas in buildings designed specifically for human wellbeing. Purpose built structures that use light, aroma, sound, texture, space, and colour to stimulate positive effects on the mind and body. Rooted in nature, wellness temples will contain relaxation gardens, water pools, and plant life. And interiors constructed with natural materials.

A place where the therapeutic environment, interior design, and architecture work together to improve customers' wellbeing and enhance the quality of their lives.

And we hope, extend their lives.



# Wellness Temple™

Clinical module + Wellness module

Recovery

Nursing

Nuclear Medicine

Radiotherapy

Radiology

Diagnosis

Zen garden

Patient - Dr interview

Waiting area

Lobby

Reception

Wellness module

Sports activities (out | indoor)

Accommodation suites

Thermal & wellness area

Business lounge | cocoon area

Reflection | Childcare | Library

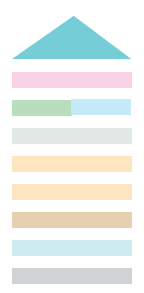
Food facilities | social cooking

Lobby

Reception

Tropical Garden

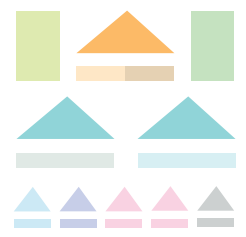
Bunkers



City model

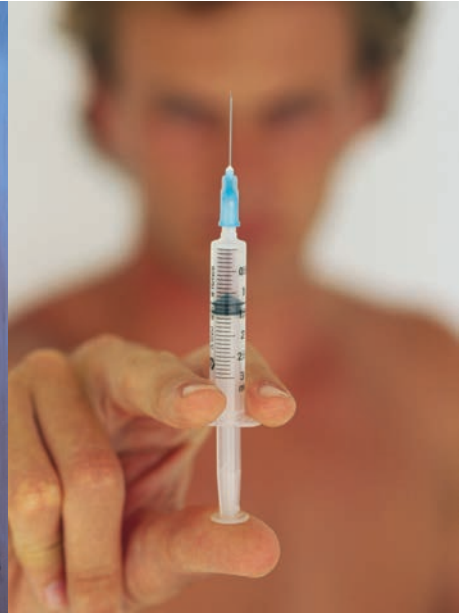


Country model



Luxury wellness resort model





## earth

Minerals, plants, clay, wood. The earth element has cleansing properties



## air

Room temperature and humidity. The air element provides us with the breath of life



## fire

The fire element is attributed with transformational and purifying qualities



## water

Ocean, baths, showers, thermals. The water element cleanses and heals







# offering wellness facilities and clinical treatment

Visitors to wellness temples™ will be able to access clinical treatments such as radiology, radiotherapy, and nuclear medicine, as well as small surgical interventions, chemotherapy, and nursing care. Wellness areas within the centre will be tailored according to each project. Facilities may include accommodation for recovery time, thermal and wellness areas, reflection areas, health food delicatessens, libraries, and social cooking areas. Wellness-focused activities will include meditation, yoga, and sports activities.

Building on the success of creating more than 100 superior quality spas in over 15 countries, our goal is to earn the reputation for being the world's leading health and wellness design consultants. We believe our experience, expertise and evidence based approach to design will help us achieve this.





# our consultancy and design services

Because we have over 30 years' experience designing superior quality spas for the luxury hotel and wellness sectors, we offer a proven design process. Our team is used to working with hotel and resort operators, health clubs and wellness centres, medical spa owners, architects, interior designers, and developers. The services we provide are:

**Consultation:** market suitability and financial feasibility. We can tell you how much you need to budget for your project and provide you with all the associated documentation

**Design:** evidence based concept and design development bespoke to your project's location

**Project development and project management**

**Supply of specialised equipment** (SSE), installation, and testing

**Staff training:** project handover, business practices, spa and wellness area management

**Preventative maintenance**









# practical and psychological support for terminally ill children

We want to play our part in making the lives of terminally ill children as pain free, comfortable, and joyful as possible. To provide support we will establish child centric wellness centres around the world where children, accompanied by parents or guardians, will be able to get help with their sleep routine, nutrition, respiratory problems, pain management, and relaxation. Additionally, parents and carers will be able to find places to relax themselves.

By 2022 we aim to create children's wellness centres in 41 countries. By 2025 we plan to establish centres in 57 countries. The non-profit Goldman Foundation will be set up to achieve these aims and will be supported by alumni with funding coming from a range of sources.



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Wellness consultancy | Wellness design & equipment supply | Preventative maintenance

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